



Emotional Intelligence Training and Development

Emotional Intelligence skills are critical skills for leadership and team effectiveness, communication, work/life integration, resilience and wellbeing. The Emotional Intelligence Training Company is a leading provider of the EQ-i 2.0 / EQ 360 Certification Course, a first choice for Emotional Intelligence Leadership Development, and a go-to company for EQ Coaching in Canada and internationally.



EQ-i 2.0 / EQ 360 CERTIFICATION

Be in demand and get certified to use the EQ-i 2.0 and EQ 360 in your coaching, training and consulting. Join David Cory, Master Trainer with MHS Inc. and the rest of the EITC team, for a *best-in-class* EQ Certification experience.



LEADERSHIP DEVELOPMENT

Be an exceptional leader by developing your emotional intelligence skills. Whether you are an aspiring or experienced leader, our courses will offer you unique opportunities to take your leadership and that of your team to the next level.



EQ COACHING

Get the personalized, focused development you need to create sustainable change. Our experienced and certified EQ coaches will help you reach your leadership goals, improve business results, and transition to your next level of personal or professional performance.

EITC

The **Emotional Intelligence Training Company Inc.**
Know. Engage. Lead.

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EQ-i 2.0®/EQ 360 CERTIFICATION

When you get EQ-i 2.0 / EQ 360 certified with EITC, you get so much more than certification. EITC has been an industry leader in Emotional Intelligence Certification and Leadership Development for over 20 years and David Cory, founder of EITC, was one of the first Master Trainers with MHS Inc. You get 2 decades worth of knowledge, skills, applications and real life examples of the value and the impact of developing

emotional intelligence. The comprehensive EQ-i 2.0 / EQ 360 Leadership or Workplace reports provide a framework for coaching and training. You also get everything you need to administer, interpret, and debrief the EQ-i 2.0/EQ 360 with employees, leaders and clients. Follow up coaching is part of the package - a unique EITC offering.



Leading with Emotional Intelligence (following EQ-i Certification)

This one day course is essential if you intend to implement EQ development into your organization or business. It provides an opportunity to build your EQ toolkit and practice developing each of the 15 EQ competencies, so that

you can integrate emotional intelligence into leadership development, coaching, and consulting. Participants also leave the course with training resources and materials to bring EQ development back to their organization.



HEART AND SCIENCE OF LEADERSHIP FOR WOMEN

EQ skills are critical skills for building authentic relationships, handling leadership situations with integrity, and bringing innovation and insight to your teams and organizations. The Heart and Science of Leadership for Women offers you the opportunity to develop the EQ skills that are most important for becoming an effective and inspiring leader. You will receive an individualized EQ-i 2.0 Leadership Report, supported by 3 days of intensive leadership and EQ skills development. All of this is guided by connecting EQ skills and

competencies with the four dimensions of transformational leadership – Authenticity, Coaching, Innovation and Insight. Having gained insights into your EQ leadership strengths and challenges, you will leave the course with innovative tools, best practices in leadership and an individualized leadership development plan. Following the course you will have a follow-up EQ coaching session to keep you on track. You will also gain a community of other like-minded leaders who can be an on-going resource to you.



EQ ESSENTIALS FOR LEADERSHIP

This two day leadership course is a unique opportunity for you to become an emotionally intelligent leader. Similar to the Heart and Science of Leadership for Women, this course is open to men and women. The course combines the powerful framework and science of the EQ-i 2.0 Leadership Report with a hands on approach to examine where you are as a leader, where you want to go next and what EQ leadership competencies you need to strengthen and develop. You will

use the EQ-i 2.0 Leadership Report, framework, tools, and facilitated conversations with other like-minded leaders to help get you there. This all happens through a focused exploration of your EQ competencies and challenges as they connect to critical leadership skills. Through the knowledge and insights you gain, you will build clear leadership development goals and actions supported by a follow-up EQ coaching session.



EQ COACHING

A proven method to improve your emotional intelligence is through EQ coaching. Coaching is a purpose-driven process and a powerful way to get the most out of your certification or leadership experience. If you want to assess your EQ competencies, further your leadership skills, improve business results, or transition to the next level of personal or

professional performance, EQ Coaching is for you. Whether you aspire to be an exceptional leader, handle adversity or manage complexities, we have certified, experienced EQ coaches who can help. Experience the dramatic results possible through coaching.



EMOTIONAL INTELLIGENCE TRAINING & DEVELOPMENT

We offer a range of public and customized EQ training opportunities to support individuals, teams, senior leaders and organizations to improve their effectiveness. We will partner with you to implement EQ initiatives that fit your needs and get you and your organization to your goals. Together, we can design and implement a plan to make your vision a reality.

Our work reflects our values

At EITC, our Mission is to create sustainable change in individuals and organizations through the development of Emotional Intelligence skills. Our work reflects our values - authenticity, integrity, social responsibility in the service of others, and an abundance mentality. Our Vision is to lead the way in Emotional Intelligence skills development through assessment, coaching, training, and consulting. We help people develop their EI skills. And we keep expanding our own.

“The EI course re-inspired me on a number of levels – personally, relationally and professionally. David’s ability to present on EI with a deep respectful interpersonal presence and gentle humour made the hours fly by. Even though I came to the workshop with a solid background knowledge of emotional intelligence, this course’s excellent balance of theory, science and practical applications stretched me even further.” - **Dr. Todd K.**

WORKING IN CANADA AND INTERNATIONALLY

EITC was one of the first companies in Canada to focus on leadership development based on emotional intelligence and for the last 20 years we have been working with leaders and employees at every level in organizations across the country and around the world. We want to work with you!



“This course not only unveiled some blind spots, it showed me how to make changes. It was truly transformational. The EQ-i assessment brought to light where my challenges were, and the course clarified my path to evolve into my best self. Honestly, I feel like I just gained ten years of knowledge and am grateful to have this awareness.” – Paula C.

“Really enjoyed the EQ-i 2.0/ EQ 360 certification course. David left us feeling that he had exceeded our expectations completely. The other participants were a joy to meet and interact with in the exercises. We would solidly recommend the course to anyone looking for EQ training.”

— **David T.**

Benefit from the EITC approach

- 🔖 **Scientificallly-validated leadership approach**
- 🔖 **Best practices in assessment, training, and coaching**
- 🔖 **Performance improvement**
- 🔖 **Personal mastery**
- 🔖 **Depth of insight**
- 🔖 **Powerful tools**
- 🔖 **Conversations that matter**
- 🔖 **Meaningful relationships**
- 🔖 **New perspectives**
- 🔖 **Active alumni community**

