



# Emotional Intelligence for the evolving workplace

Emotional Intelligence skills are critical skills for leadership and team effectiveness, communication, work/life integration, resilience and wellbeing. The Emotional Intelligence Training Company is a leading provider of the EQ-i 2.0 / EQ 360 Certification Course, a first choice for Emotional Intelligence Leadership Development, and a go-to company for EQ Coaching in Canada and internationally.



## EQ-i 2.0 / EQ 360 CERTIFICATION

Be in demand and get certified to use the EQ-i 2.0 and EQ 360 in your coaching, training, HR, Learning and Development and consulting. Join David Cory, Master Trainer with MHS Inc. and the rest of the EITC team, for a best-in-class EQ Certification experience.



## LEADERSHIP DEVELOPMENT

Be an exceptional leader by developing your emotional intelligence skills. Whether you are an aspiring or experienced leader, our courses will offer you unique opportunities to take your leadership and that of your team to the next level.



## EQ COACHING

Get the personalized, focused development you need to create sustainable change. Our experienced and certified EQ coaches will help you reach your leadership goals, improve business results, and transition to your next level of personal or professional performance.

# EITC

The **Emotional Intelligence  
Training Company Inc.**  
Know. Engage. Lead.

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## EQ-i 2.0®/EQ 360 CERTIFICATION

When you get EQ-i 2.0 / EQ 360 certified with EITC, you get so much more than certification. EITC has been an industry leader in Emotional Intelligence Certification and Leadership Development for over 20 years and David Cory, founder of EITC, was one of the first Master Trainers with MHS Inc. You get 2 decades worth of knowledge, skills, applications and real life examples of the value and the impact of developing

emotional intelligence. The comprehensive EQ-i 2.0 / EQ 360 Leadership or Workplace reports provide a framework for coaching and training. You also get everything you need to administer, interpret, and debrief the EQ-i 2.0/EQ 360 with employees, leaders and clients. Follow up coaching and membership in a unique alumni group with events each month are all parts of the package - a unique EITC offering.



## DEVELOPING EQ (EQ-I 2.0 CERTIFICATION IS THE PREREQUISITE)

This one day course is important if you intend to implement EQ development into your organization or business. It provides an opportunity to build your EQ toolkit and practice developing each of the 15 EQ competencies, so that

you can integrate emotional intelligence into leadership development, coaching, and consulting. Participants also leave the course with training resources and materials to bring EQ development back to their organization.



## EQ ESSENTIALS

This one day course is a great starting place to introduce emotional intelligence to your organization. Fun and engaging, participants will have many opportunities throughout the course to interact with each other in learning exercises to deepen the learning and practice emotional

intelligence skills and gain new tools to shift the culture of the workplace to increase psychological safety, employee engagement, team effectiveness, and belonging. Can be offered with or without EQ assessment.



## HEART AND SCIENCE OF LEADERSHIP

EQ skills are critical skills for building authentic relationships, handling leadership situations with integrity, and bringing innovation and insight to your teams and organizations. The Heart and Science of Leadership offers you the opportunity to develop the EQ skills that are most important for becoming an effective and inspiring leader. You will receive an individualized EQ-i 2.0 Leadership Report, supported by 3 days of intensive leadership and EQ skills development.

Having gained insights into your EQ leadership strengths and challenges, you will leave the course with innovative tools, best practices in leadership and an individualized leadership development plan. Following the course you will have follow-up EQ individual and group coaching sessions to keep you on track. You will also gain a community of other like-minded leaders who can be an on-going resource to you.



## NEXT LEVEL EQ COACH TRAINING

This course is specifically designed for certified coaches who have completed the EQ-i 2.0 Certification Course. This is for coaches who want to elevate their EQ coaching and fully leverage the power of the EQ-i 2.0 or EQ 360. We have designed our newest program, **Next Level EQ**

**Coach Training**, with this in mind. As leaders in the field of EQ Coaching, we want you to benefit from the tools and approaches we've developed. We share the same tools and models we currently use with our clients to deepen the impact of EQ-i 2.0 results and really bring them to life for clients.



Certification Courses licensed by Multi-Health Systems Inc.



## EQ COACHING

A proven method to improve your emotional intelligence is through EQ coaching. Coaching is a purpose-driven process and a powerful way to get the most out of your certification or leadership experience. If you want to assess your EQ competencies, further your leadership skills, improve business results, or transition to the next level of personal or

professional performance, EQ Coaching is for you. Whether you aspire to be an exceptional leader, handle adversity or manage complexities, we have certified, experienced EQ coaches who can help. Experience the dramatic results possible through coaching.



## EMOTIONAL INTELLIGENCE TRAINING & DEVELOPMENT

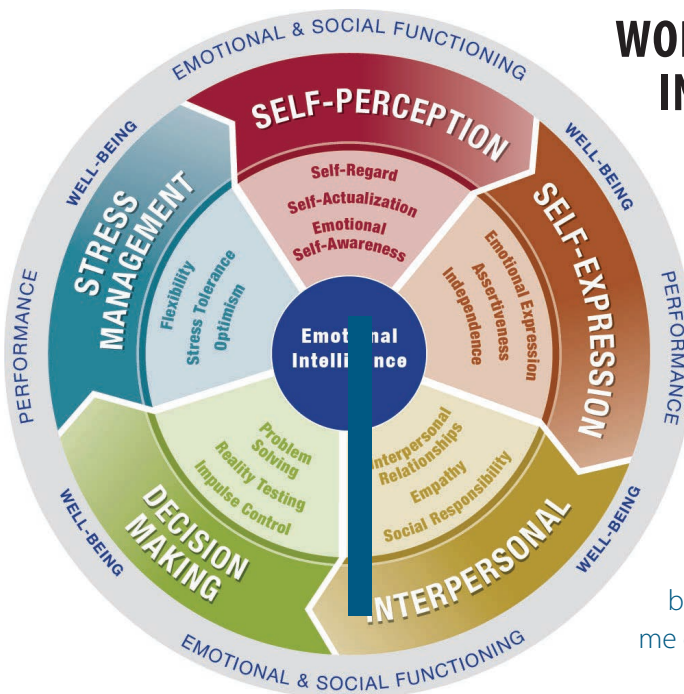
We offer a range of public and customized EQ training opportunities to support individuals, teams, senior leaders and organizations to improve their effectiveness. We will partner with you to deliver EQ

initiatives that fit your needs and get you and your organization to your goals. Together, we can design and implement a plan to make your vision a reality.

## WE WALK OUR TALK

At EITC, our Vision is a world with more emotional intelligence. We work to create sustainable change in individuals and organizations through the development of Emotional Intelligence skills. Our work reflects our values - authenticity, integrity, social responsibility in

the service of others, and an abundance mentality. We lead the way by helping people develop their emotional intelligence skills through assessment, coaching, training, and consulting. And we are committed to expanding our own.



## WORKING IN CANADA AND INTERNATIONALLY

EITC was one of the first companies in Canada to focus on leadership development based on emotional intelligence. For the last 25 years we have been working with leaders and employees at every level in organizations across the country and around the world. We want to work with you!

“The EI course re-inspired me on a number of levels – personally, relationally and professionally. David’s ability to present on EI with a deep respectful interpersonal presence and gentle humour made the hours fly by. Even though I came to the workshop with a solid background knowledge of emotional intelligence, this course’s excellent balance of theory, science and practical applications stretched me even further.” - **Dr. Todd K.**

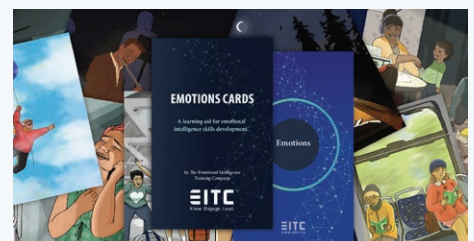
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## EMOTIONS CARDS

[www.eitc.shop/learning-tools/](http://www.eitc.shop/learning-tools/)

Get our deck of Emotions Cards! This deck is a learning and teaching aid designed to deepen one’s understanding of emotions as well as emotional intelligence skills. It can help guide your learning and the learning of others. Use them by yourself, in one-on-one settings with clients, or with groups.



"This course not only unveiled some blind spots, it showed me how to make changes. It was truly transformational. The EQ-i assessment brought to light where my challenges were, and the course clarified my path to evolve into my best self. Honestly, I feel like I just gained ten years of knowledge and am grateful to have this awareness." – Paula C.

"Really enjoyed the EQi 2.0/EQ 360 certification course. David left us feeling that he had exceeded our expectations completely. The other participants were a joy to meet and interact with in the exercises. We would solidly recommend the course to anyone looking for EQ training." - David T.

## Benefit from the EITC Approach

- 🔖 Scientifically-validated leadership approach
- 🔖 Best practices in assessment, training, and coaching
- 🔖 Performance improvement
- 🔖 Personal mastery
- 🔖 Well-being
- 🔖 Depth of insight
- 🔖 Powerful tools
- 🔖 Conversations that matter
- 🔖 Meaningful relationships
- 🔖 New perspectives
- 🔖 Active alumni community

